What’s next?

Hear from our students!
Take a minute to see what our students from our CTE programs have to say about their experiences.
www.arc.losrios.edu/cte/video

GET TO KNOW YOURSELF
Use these websites for career guidance and to explore your interests.
›› www.cacareercafe.com
›› www.cacareerszone.org/assessments

VISIT OUR WEBSITE
Check out our CTE page for more details about the programs ARC offers.
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TALK TO YOUR COUNSELOR
Talk with your counselor so you can develop your game plan and find out what preparations you’ll need for getting started on your career path.

CAREER TECHNICAL EDUCATION at American River College

For more information visit
www.arc.losrios.edu/cte

CERTIFICATES & DEGREES IN

Dietary Management
Fitness Specialist
Funeral Service Education
Healthcare Interpreting
Nursing & Allied Health
Paramedic
Respiratory Care
Speech Language Pathology

Part of the Los Rios Community College District
American River College does not discriminate on the grounds of race or ethnicity, nationality, religion, gender, sex, age, color, sexual orientation, marital status, or physical or mental disability.

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Check out some of our featured programs
CTE programs will get you where you want to go. Quick.
› Faculty with industry experience
› Up-to-date & hands-on courses
› Affordable technical training
› Ability to start your career faster

Respiratory Care
This program prepares you to get your license as a Respiratory Care Practitioner. You’ll learn about medical gas therapies, mechanical life support, advanced life support, pharmacology, and advanced life support.

PROGRAM HIGHLIGHTS
• Learn principles of respiratory failure, airway protective techniques, and advanced life support
• Collect patient information relevant to the diagnosis and treatment of pulmonary disease
• Record assessment findings, treatment plans, and recommendations for care

Programs
• A.S. Respiratory Care

Fitness Specialist
Designed so you can finish within 12 months, this certificate program is ideal for those looking to start working as a personal trainer, group exercise instructor, or strength and conditioning coach. You will learn instruction techniques related to strength training and aerobic fitness, nutrition, exercise assessment, and injury management. Once you complete this program, you will then be prepared to take a variety of national certifications exams including NASM, ACSM, and NCSF.

Certificates
• Fitness Specialist

Paramedic
In as little as 18 months, you could be out in an ambulance helping people and saving lives. In class, you'll go through rigorous training and exercises with high-tech simulators. Then you'll also have the opportunity to work in the field with a mentor for over 600 hours running 911 calls. It's that extra practice that really makes the difference when you're out on an actual call.

Certificates
• Emergency Medical Technician
• Paramedic

Degrees
• A.S. Paramedic

Biotechnology
Love scientific research or clinical testing? Here you’ll learn how cells and DNA can be used to fight diseases, improve food production, and research cancer cures.

Dietary Manager
The Dietary Manager/Dietary Service Supervisor program provides certification for employment in nutritional care and dietary management within a health care facility, as well as a skilled nursing facility. You will ensure that the food department runs smoothly, while handling dietary restrictions, food ordering, and quality assurance.

Funeral Service Education
This program is the only one of its kind offered in the state where you can learn how to perform the duties of a funeral director. You can learn how to provide support to the bereaved, arrange funeral ceremonies, and assist families with filing legal documents.

Healthcare Interpreting
The demand for healthcare interpreters is rapidly growing in our community. This program will help you apply your bilingual skills to the healthcare setting. You will learn medical terminology and use techniques for managing communication between patients, their families, and medical staff.

Speech Language Pathology
In this program you’ll get an introduction to the field of communication disorders and learn clinical strategies for helping children and adults improve their motor speech, voice, fluency, and language. During supervised fieldwork, you’ll interact with patients to implement treatment plans and assist with screenings under the direction of a speech-language pathologist.

What you could be earning!
These are median salaries from actual graduates of California Community Colleges.

2014 salary data from salarysurfer.cccco.edu

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<thead>
<tr>
<th>Program</th>
<th>2 Years</th>
<th>5 Years</th>
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<tbody>
<tr>
<td>Dietary Manager</td>
<td>$37,701</td>
<td>$79,602</td>
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<tr>
<td>Fitness Specialist</td>
<td>$9,573</td>
<td>$23,737</td>
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<tr>
<td>Paramedic</td>
<td>$54,569</td>
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