

# What's next?

Scan to see the video!

## Hear from our students!

Take a minute to see what our students from our CTE programs have to say about their experiences.

» [www.arc.losrios.edu/cte/video](http://www.arc.losrios.edu/cte/video)



1

## GET TO KNOW YOURSELF

Use these websites for career guidance and to explore your interests.

» [www.cacareercafe.com](http://www.cacareercafe.com)

» [www.cacareerzone.org/assessments](http://www.cacareerzone.org/assessments)

2

## VISIT OUR WEBSITE

Check out our CTE page for more details about the programs ARC offers.

» [www.arc.losrios.edu/cte](http://www.arc.losrios.edu/cte)

3

## TALK TO YOUR COUNSELOR

Talk with your counselor so you can develop your game plan and find out what preparations you'll need for getting started on your career path.



Exercise in the simulation lab  
Respiratory Care

## CAREER TECHNICAL EDUCATION at American River College

For more information visit  
[www.arc.losrios.edu/cte](http://www.arc.losrios.edu/cte)



Part of the Los Rios Community College District

American River College does not discriminate on the grounds of race or ethnicity, nationality, religion, gender, sex, age, color, sexual orientation, marital status, or physical or mental disability.

Health Science  
Medical Technology  
**Health Science &  
Medical Technology**  
at American River College

## CERTIFICATES & DEGREES IN

Dietary Management  
Fitness Specialist  
Funeral Service Education  
Healthcare Interpreting  
Nursing & Allied Health  
Paramedic  
Respiratory Care  
Speech Language Pathology

CTE programs will get you where you want to go. Quick.

- › Faculty with industry experience
- › Up-to-date & hands-on courses
- › Affordable technical training
- › Ability to start your career faster

Check out some of our featured programs

What you could be earning!

|                    | After 2 Years | After 5 Years |
|--------------------|---------------|---------------|
| Dietary Manager    | \$33,021      | \$39,602      |
| Fitness Specialist | \$19,573      | \$23,737      |
| Paramedic          | \$54,169      | \$76,330      |
| Respiratory Care   | \$63,067      | \$78,222      |
| Speech Pathology   | \$28,270      | \$34,105      |

These are median salaries from actual graduates of California Community Colleges.

2014 salary data from [salarysurfer.cccco.edu](http://salarysurfer.cccco.edu)



## Respiratory Care

This program prepares you to get your license as a Respiratory Care Practitioner. You'll learn about medical gas therapies, mechanical life support, airway care, pharmacology, neonatal/pediatric therapy, and specialized cardiopulmonary procedures.

### Degrees

- A.S. Respiratory Care

### PROGRAM HIGHLIGHTS

- Learn principles of respiratory failure, airway protective techniques, and advanced life support
- Collect patient information relevant to the diagnosis and treatment of pulmonary disease
- Record assessment findings, treatment plans, and recommendations for care



## Fitness Specialist

Designed so you can finish within 12 months, this certificate program is ideal if you're looking to start working as a personal trainer, group exercise instructor, or strength and conditioning coach. You will learn instruction techniques related to strength training and aerobic fitness, nutrition, exercise assessment, and injury management. Once you complete this program, you will then be prepared to take a variety of national certification exams including NASM, ACSM, and NCSF.

### Certificates

- Fitness Specialist



## Paramedic

In as little as 18 months, you could be out in an ambulance helping people and saving lives. In class you'll go through rigorous training and exercises with high-tech simulators. Then you'll also have the opportunity to work in the field with a mentor for over 600 hours running 911 calls. It's that extra practice that really makes the difference when you're out on an actual call.

### Certificates

- Emergency Medical Technician
- Paramedic

### Degrees

- A.S. Paramedic

## Biotechnology

Love scientific research or clinical testing? Here you'll learn how cells and DNA can be used to fight diseases, improve food production, and research cancer cures.

## Dietary Manager

The Dietary Manager/Dietary Service Supervisor program provides certification for employment in nutritional care and dietary management within a health-care facility, such as a skilled nursing facility. You will ensure that the food department runs smoothly, while handling dietary restrictions, food ordering, and quality assurance.

## Funeral Service Education

This program is the only one of its kind offered in the state where you can learn how to perform the duties of a funeral director. You can learn how to provide support to the bereaved, arrange funeral ceremonies, and assist families with filing legal documents.

## Healthcare Interpreting

The demand for healthcare interpreters is rapidly growing in our community. This program will help you apply your bilingual skills to the healthcare setting. You will learn medical terminology and use techniques for managing communication between patients, their families, and medical staff.

## Speech Language Pathology

In this program you'll get an introduction to the field of communication disorders and learn clinical strategies for helping children and adults improve their motor speech, voice, fluency, and hearing. During supervised fieldwork, you'll interact with patients to implement treatment plans and assist with screenings under the direction of a speech-language pathologist.